

How to Conceptualize Sexual Behavior Dysregulation?



Definition of Out of Control Sexual Behavior (OCSB) (Braun-Harvey & Vigorito, 2016)	
A sexual health problem in which a person's consensual sexual urges, thoughts or behaviors <i>feel</i> out of their control.	
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Sexual Health Problem:

OCSB is a sexual health problem within the normal range of sexual expression.



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 Sexual Health Problem:

 • Imbalance between sexual safety and sexual pleasure

 • Living out of allignment with principles of sexual health.

 • Not keeping sexual relationship agreements

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A sexual health problem in which a person's **consensual sexual urges, thoughts or behaviors** *feel* out of their control.

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Sexual Health-Oriented System: Centers sexual health as the destination for changing out of control sexual behavior



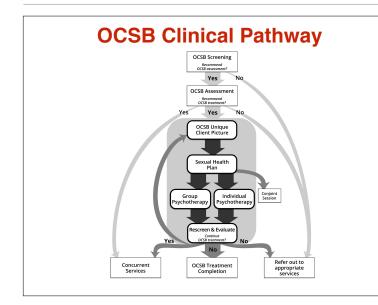
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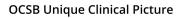
Method for Balancing S and Sexual Pleasure While Ensuring Sexual	
<ul> <li>Allign with the Six Principles of Sexual Health</li> <li>Aspire</li> </ul>	
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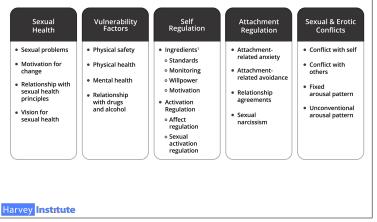
CONSENT	NON- EXPLOITATION	PREVENTION
is your right to give and take away at any time for any reason	is living free from the power and control of others	is all about balancing pleasure and safety
	SHARED VALUES	PLEASURE
is a choice	is knowing yours and respecting the values of others	is individualized and important to communicate



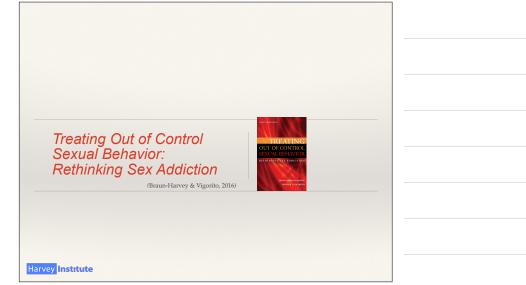


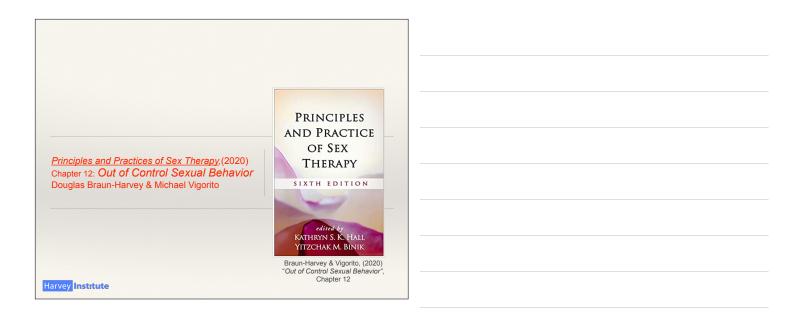




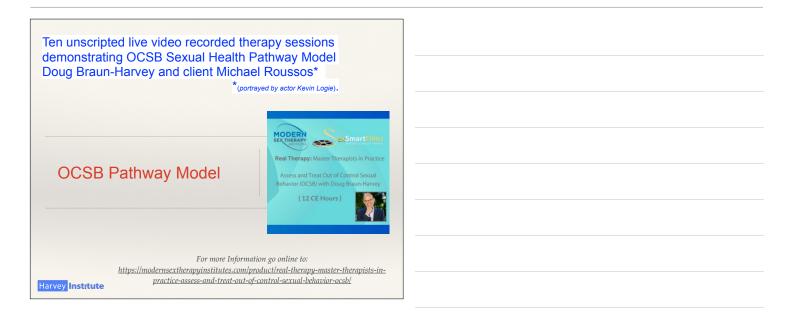












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Teşekkürler Thank you

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